



## Black Hair Care Kit Assembly Guide

Hair care is an important part of health, identity, and self-expression. About **75% of youth served at YouthLink identify as BIPOC or Black/African American**, so providing products suited for curly, textured, coily/4C, and natural hair is essential. These kits help youth maintain healthy hair, practice culturally affirming self-care, and feel confident in school, work, and everyday life.

### **Kit Materials (Essential Items):**

- Shampoo & conditioner formulated for black hair
- Leave-in conditioner or hair moisturizer
- Hair oil (such as argan, coconut, jojoba, or castor oil)
- Wide-tooth comb
- Hair ties or snag-free elastics
- Satin bonnet, durag, or satin scarf

### **These items are great additions if available:**

- Curl cream or curl defining product
- Edge control or styling gel
- Detangling spray
- Edge brush or small styling brush
- Satin scrunchies
- Hair clips or sectioning clips
- Satin pillowcase

### **Assembly Instructions**

1. Gather all items for one kit.
2. Place supplies together in one container, such as:
  - A clear gallon-size zip-top bag, or
  - A small reusable pouch or cosmetic bag.
3. Ensure all items fit neatly inside the container so each kit is easy to distribute and transport.

### **Guidelines**

- All items must be new and unused.
- Travel-size or full-size products are both welcome, as long as all items fit inside one container (zip-top bag, reusable pouch, or other)

**Thank you for helping YouthLink provide inclusive hygiene resources for young people experiencing homelessness. Your support helps youth care for themselves with dignity and confidence.**

Reach out to us at [donations@youthlinkmn.org](mailto:donations@youthlinkmn.org) or 612-252-1280 for questions or product recommendations, and to arrange a donation drop-off time/day.

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