



from HOMELESS to HOPEFUL

Resources for Young Parents Experiencing Homelessness

Nearly 2,000 young people ages 16-24 visit YouthLink's drop-in center each year, where they can receive basic needs like a hot meal, personal care items, and laundry and shower facilities. They also get help accessing housing, employment, and education.

Our Family Case Manager assists about 40 parents with infants, on average, each month. Diaper bag kits go to expecting and new parents. YouthLink gives out diapers in sets of 10 to help keep track of number distributed. Last year, YouthLink gave out more than 16,000 diapers.

Diaper Bag Kits

Suggested Core Items:

- Baby wipes (either travel size or bulk wipes repackaged into Ziploc bags)
- Bottle
- Burp Cloth and/or Bib
- Diaper Rash Cream/ Vitamins A&D Ointment

Additional Ideas:

- Pacifier
- Baby wash/shampoo
- Socks
- Small toy
- Thermometer
- Nasal Aspirator
- Nursing Pads
- Small baby blanket

Diaper Drive/ Repackaging Diapers

(Please keep diapers separate from Diaper Bag Kits if doing both projects)

1. Organize diapers into sets of 10 (if numbers aren't perfectly even, err on side of generosity and do 11 or 12)
2. Place 10 diapers into bag (Tip: 14" x 20" produce bags work well and are cheaper than gallon zip-locs)
3. Push out as much air as possible.
4. Tie off or seal bag.
5. Label bag with the size in permanent marker (e.g. NB, 1, 2, 3, etc.) Please write large.
6. Put baggies back into boxes (usually won't be a perfect fit, so if there are a few leftovers at the end, those can be put into a separate box or bag.)

Reach out at donations@youthlinkmn.org or 612-252-1280 with questions and to arrange a donation drop-off time/day.

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